

Elemis Treatment Menu

Facials

Touch: Skin Solutions

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

ELEMIS Superfood Pro-Radiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and glowing with good health.	25 minutes	£44
	55 minutes	£69

ELEMIS Sensitive Skin Soother

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.	25 minutes	£44
	55 minutes	£69

ELEMIS Anti-Blemish Mattify and Calm

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.	25 minutes	£44
	55 minutes	£65

Mens Facial - ELEMIS High Performance Skin Energiser

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax	25 minutes	£39
	55 minutes	£65

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Facials

Touch: Anti-Ageing

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

Elemis Pro-Collagen Age Defy

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted	25 minutes	£44
massage encourages optimum cellular function for nourished, younger looking skin.	55 minutes	£69

ELEMIS Pro-Collagen Definition Lift and Contour

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found	25 minutes	£44
to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.	55 minutes	£69

ELEMIS Dynamic Resurfacing Precision Peel

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful	25 minutes	£44
exfoliation and renewal. A new start for smoother, younger-looking skin.	55 minutes	£69

Face and Body Combinations

Choose your own combination of 25 minute facial and 55 minute body massage, or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.	85 minutes	£110
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Massages

ELEMIS Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation

55 minutes £65

ELEMIS Deeper Than Deep Hot Stone Massage

Balinese stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

55 minutes £65

ELEMIS Garden of England Rose Restore

Take a walk in an English rose garden with this lavishly hydrating massage and micro wrap. The unique trio of Rose, Camelina and Poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

55 minutes £65

Body Scrubs and Wraps

ELEMIS Intensely Cleansing Salt Scrub – Frangipani

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

25 Minutes £42

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Hands and Feet

ELEMIS Garden of England Rose Restore Hand Treatment

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness .

25 minutes £30

ELEMIS Best Foot Forward

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

25 minutes £30

Wellness Pregnancy

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester.

Wellness Mothers Massage

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

75 Minutes £85

Peaceful Pregnancy Face and Body Experience

Settle into the unique pear-shaped beanbag for this treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby

135 minutes £145